



Help Mend Broken Hearts 5K Run

OCTOBER 22, 2011 AT 8:00AM

KENNESAW, GA



The Cause:

Come run and help mend broken hearts. This race is in memory of Kasey Marie Vanek, who died in 2007 of complications from a congenital heart defect.

Did you know congenital heart defects are the most common type of major birth defect?

All proceeds will be donated to those charities that benefit children born with heart defects.

Hosted by: Big Peach Running Co.

Help Mend Broken Hearts 5k Race Day Registration begins at 7:00am. Race starts at 8:00am.

• The Race:

Run to Help Mend Broken Hearts!

Enjoy this beautiful, tree lined, flat course that winds through the office parks behind Barrett Parkway. Stay after the race and enjoy a GREAT post race party with music and delicious food from our local restaurants! Walkers and strollers welcome

• Reward/Awards:

The Reward is the heart-warming satisfaction of helping a child with a congenital heart defect. The Awards are for the top 3 Overall M/F, top 3 Masters M/F, as well as in the following age groups: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over. Also, gift cards will be awarded for the top female and male runner.

• Directions:

Starts and finishes at: SJV & Associates Intl. Headquarters, 1000 Cobb Place Blvd, Suite 400, Kennesaw. From I-75 take exit 269, Barrett Pkwy, drive west to Cobb Place Blvd, turn right, location will be on the left (corner of Cobb Place & Vaughn).

• T-shirts to all participants: LOTS of great food, drinks and music at the post-race party!

• Registration:

- \$ 20 pre-registration or \$ 25 race day registration:
 - Online at www.active.com begins 6/10/11 thru 10/21/11
 - In person at any of the 5 convenient Big Peach Running Co. locations: Kennesaw, Marietta, Atlanta, Alpharetta, or Decatur. Visit them online at www.bigpeachrunningco.com.
 - By Mail, (print this form) to the address below

Registration fees are non-refundable. Make check payable to:
 Help Mend Broken Hearts 5k
 c/o Nicole Vanek,
 225 Rippling Dr.
 Marietta, 30064

• Race Day Registration: Begins at 7:00 am.
Race begins at 8:00 A.M.

• Questions: Contact Mark Vescio at:

- (678) 895-2631 or
- runningmanwest@bellsouth.net or
- visit us online at www.vanekfamily.info



Name: _____ DOB: _____ Age: _____ Male _____ Female

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____ T-Shirt (Adult Sizes): S M L XL XXL (add \$ 2.00)

Race: 5k Registration Fee(s): \$ _____ + Additional donation \$ _____ = Total: \$ _____

In consideration of acceptance of this entry I waive any and all claims for myself and/or my heirs for any injuries I may incur as a result of my participation in The Help Mend Broken Hearts 5k, thereby releasing all sponsors and volunteers associated with this event from liability. I understand that jogging/running is a strenuous sport and I further state that I am in proper physical condition for this event. Race will be held regardless of weather. No refunds will be issued.

Signature (parent or guardian sign if under 18): _____